# The Other Kingdoms by Mary Oliver

Consider the other kingdoms. The trees, for example, with their mellow-sounding titles: oak, aspen, willow.

Or the snow, for which the peoples of the north have dozens of words to describe its different arrivals. Or the creatures, with their thick fur, their shy and wordless gaze. Their infallible sense of what their lives are meant to be. Thus the world grows rich, grows wild, and you too, grow rich, grow sweetly wild, as you too were born to be.

### Zazen on Ching-t'ing Mountain by Li Po

The birds have vanished down the sky.

Now the last cloud drains away.

We sit together, the mountain and me,
until only the mountain remains.

# What Gorgeous Thing by Mary Oliver

I do not know what gorgeous thing the bluebird keeps saying, his voice easing out of his throat, beak, body into the pink air of the early morning. I like it whatever it is. Sometimes it seems the only thing in the world that is without dark thoughts.

Sometimes it seems the only thing in the world that is without questions that can't and probably never will be answered, the only thing that is entirely content with the pink, then clear white morning and, gratefully, says so.

### At Blackwater Pond by Mary Oliver

At Blackwater Pond the tossed waters have settled after a night of rain.

I dip my cupped hands. I drink a long time. It tastes like stone, leaves, fire. It falls cold into my body, waking the bones. I hear them deep inside me, whispering oh what is that beautiful thing that just happened?

# The Peace of Wild Things by Wendell Berry

When despair for the world grows in me and I wake in the night at the least sound in fear of what my life and my children's lives may be, I go and lie down where the wood drake rests in his beauty on the water, and the great heron feeds. I come into the peace of wild things who do not tax their lives with forethought of grief. I come into the presence of still water. And I feel above me the day-blind stars waiting with their light. For a time I rest in the grace of the world, and am free.

#### Poem 133: The Summer Day, by Mary Oliver

Who made the world?

Who made the swan, and the black bear?

Who made the grasshopper?

This grasshopper, I mean –

the one who has flung herself out of the grass,

the one who is eating sugar out of my hand,

who is moving her jaws back and forth instead of up and down —

who is gazing around with her enormous and complicated eyes.

Now she lifts her pale forearms and thoroughly washes her face.

Now she snaps her wings open, and floats away.

I don't know exactly what a prayer is.

I do know how to pay attention, how to fall down

into the grass, how to kneel down in the grass,

how to be idle and blessed, how to stroll through the fields,

which is what I have been doing all day.

Tell me, what else should I have done?

Doesn't everything die at last, and too soon?

Tell me, what is it you plan to do

with your one wild and precious life?

## When I Am Among the Trees by Mary Oliver

When I am among the trees,
especially the willows and the honey locust,
equally the beech, the oaks and the pines,
they give off such hints of gladness.
I would almost say that they save me, and daily.

I am so distant from the hope of myself, in which I have goodness, and discernment, and never hurry through the world but walk slowly, and bow often.

Around me the trees stir in their leaves and call out, "Stay awhile.
"The light flows from their branches.

And they call again, "It's simple," they say,
"and you too have come
into the world to do this, to go easy, to be filled
with light, and to shine".

#### One or Two Things, by Mary Oliver

1

Don't bother me.

I've just

been born

The butterfly's loping flight carries it through the country of the leaves delicately, and well enough to get it where it wants to go, wherever that is, stopping here and there to fuzzle the damp throats of flowers and the black mud; up and down it swings, frenzied and aimless; and sometimes for long delicious moments it is perfectly lazy, riding motionless in the breeze on the soft stalk of some ordinary flower

3

The god of dirt came up to me many times and said so many wise and delectable things, I lay on the grass listening to his dog voice, crow voice, frog voice, now, he said, and now,

and never once mentioned forever,

4

which has nevertheless always been, like a sharp iron hoof, at the center of my mind.

5

One or two things are all you need to travel over the blue pond, over the deep roughage of the trees and through the stiff flowers of lightning - some deep memory of pleasure, some cutting knowledge of pain.

6

But to lift the hoof!
For that you need
an idea.

7

For years and years I struggled just to love my life. And then the butterfly rose, weightless, in the wind.

"Don't love your life too much," it said, and vanished into the world.

## Wild Geese by Mary Oliver

You do not have to be good.

You do not have to walk on your knees for a hundred miles through the desert repenting. You only have to let the soft animal of your body love what it loves.

Tell me about despair, yours, and I will tell you mine.

Meanwhile the world goes on.

Meanwhile the sun and the clear pebbles of the rain are moving across the landscapes, over the prairies and the deep trees, the mountains and the rivers.

Meanwhile the wild geese, high in the clean blue air,

are heading home again.

Whoever you are, no matter how lonely, the world offers itself to your imagination, calls to you like the wild geese, harsh and exciting - over and over announcing your place in the family of things.